## **START/PAUSE**



Light off status

#### Click to turn on the light

- 0



## **TIME SETTING**

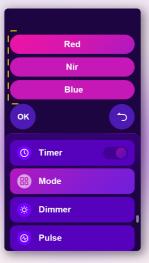


# **MODE SELECTION**



Enter the lighting mode selection

Red 、 Nir or Blue



## DIMMER

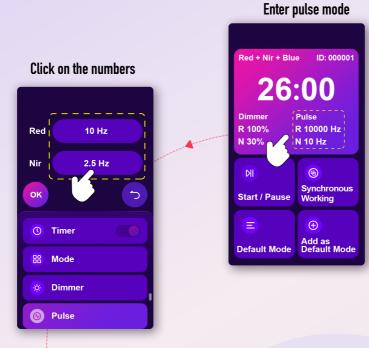
Click to enter brightness adjustment



Slide the color block to adjust the brightness, or click "+" or "-"



# **PULSE SETTING**

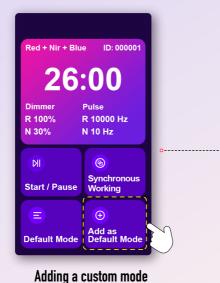


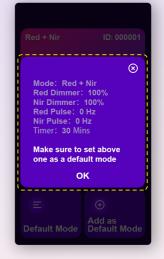
#### You can select or click to enter the desired pulse frequency



4

# SYNCHRONOUS WORKING





keep

#### Adding a custom me

## **DEFAULT MODE**





Slide the color block to the left to delete it

# **DEFAULT MODE**

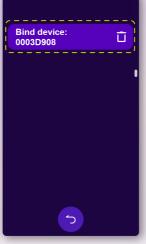


Click to enter the custom page

Long press the color block to enter the digital adjustment page

# SYNCHRONOUS WORKING





Click on the machine you want to pair with

Bind device: 0003D908 Unbind or not!!! After the device is unbound the synchronization exits OK OK

Ok

Sync Press and hold for 5 seconds to enter the pairing interface

# SYNCHRONOUS WORKING



## **Technical Specification**

Product model	RH300-UV-7	RH1000-UV-7	RH1500-UV-7	RH2400 -UV-7	RH3600-UV-7			
Dimensions	322*220*71	880*220*71	880*280*71	1159*419*71	1717*419*71			
Power Consumption	91W	273W	390W	728W	1092W			
LEDs	70	210	300	560	840			
Lens Beam Angle	30 Degree							
Cooling Fans	1	2	2	4	8			
Weight	4.2	8.6	11.8	18.5	32			
Warranty	3 years							
Lifespan	100000 Hours							
Best For	Half body	Full body	Full body	Full body	Full body			
Pulse	10Hz-40Hz-73Hz-146Hz-293Hz-587Hz							
EMF	0 ut. at 3 inches							

### Irradiance

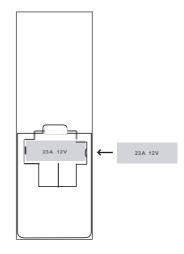
Product model	RH300-UV-7	RH1000-UV-7	RH1500-UV-7	RH2400 -UV-7	RH3600-UV-7
6in	136mw/cm²	146mw/cm²	156mw/cm²	146mw/cm²	156mw/cm²
	15.8*12in	37.8*12in	37.8*14.2in	48.78*19.84in	70.7*19.8in
12in	125mw/cm²	129mw/cm²	140mw/cm²	129mw/cm²	140mw/cm²
	19*15in	41*15in	41*17.3in	52*22.84in	74*22.84in
18in	110mw/cm²	116mw/cm²	132mw/cm²	116mw/cm²	132mw/cm²
	22.1*18.2in	44.1*18.2in	44.1*20.5in	55.1*26in	77.1*26in
24in	92mw/cm²	98mw/cm²	103mw/cm²	98mw/cm²	103mw/cm²
	25.2*21.3in	47.2*21.3in	47.2*23.6in	58.2*29.1in	80.2*29.1in

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### **Remote control**

The remote control fits for 23A 12V battery;





### **Product features**

#### Introduction

Thank you for purchasing light therapy device!You've chosen the only device that was purposefully designed to provide the most optimal light therapy experience possible.

The device delivers clinical-grade irradiance at both 630nm 660 nm visible red light 810nm 830nm 850 nm nonvisible near infrared light or a combination of both. These light wavelengths have been scientifically proven to provide therapeutic effects.

#### How Works

Works by emitting red and near infrared light within a certain range of therapeutic wavelengths and intensity these treatments penetrate your body tc generate a number of health benefits following.

Many of these benefits happen because red and near infrared light activates various metabolic pathways, leading to increased production of ATP(adenosine triphosphate enhanced cellular signaling, and elevated protein synthesis. Red and near infrared light therapy has been proven to be effective for a wide range of health issues including but not limited to the following.

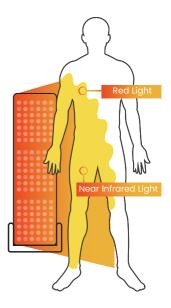
Blue Light at 480 nm Affects the top layer of the skin

#### Red Light at 630nm 660nm

Most of red light absorbed by your skin, leading to increase collagen production and optimal skin health

# Near Infrared light at 810nm 830nm 850nm 940nm

Near Infrared light penetrates deeper within your body enhancing muscle recovery and reducing joint pain



The light energy emitted should be used on bare skin for best results.

#### Indication for use

Red light therapy is indicated for the relief of muscle spasms minor muscle & joint aches, as well as pain & stiffness associated with arthritis.

#### Getting started with Red Light Therapy

Your red light therapy panel comes with everything you need to access the amazing health benefits of light therapy.For the best results, please read this manual completely before using the device.

#### **Light Sensitivity**

Prior to using your red light therapy panel please check for photosensitivity. To do this, expose an area of your forearm 6inches away from the device for 3 minutes. If you experience any redness or discomfort you might be photosensitive and we recommend consulting with your doctor or healthcare provider prior to using your machine.

#### **Treatment Instructions**

Our red light therapy panel delivers medical-grade power also called irradiance of red and near infrared liaht. For optimal results we recommend positioning your panel approximately 4 to 6inches from the area on your body you intend to treat. There commended default treatment time is 10 minutes per area which will result in a clinically proven dose of energy for both superficial and deep tissues.

#### **Consistencyis Key**

It's important to be consistent with your light therapy treatments.

That's why we recommend using your red light therapy panel every day or at least 5 times per week. For additional health benefits, including pain relief from aches and strains, up to 3 treatments per day can be helpful. Photobiomodulation(PBM), or light therapy, is like food for your cells. Unfortunately, most people do not get the proper amount of healthy light their bodies need for optimal wellbeing. Because of this their bodies may respond with detox-like symptoms.So if you're experiencing these types of effects we recommend starting out with1-2 minutes treatments per area slowly working up to a 10 minutes sessions over the course of 2-3 weeks as your body acclimates to the therapy. As always, if you have any concerns regarding the use of photobiomodulation, we recommend consulting with your trusted healthcare provider.

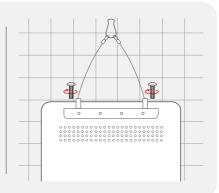
#### **Results and Expectations**

The amount of time required to see benefits and improvements depends on your health goals. The cellular health benefits of light therapy have been thoroughly proven across hundreds of clinical studies, so trust that your body is benefiting from every therapy session. But there are many factors that may affect how quickly you experience improvements in your symptoms. Some people will see benefits within a matter of days. But overall improvements in health or skin related issues can take 8-12 weeks of consistent use. By using your red light therapy panel on a daily basis, you can maximize your body' s rate of healing.

### **Door Mounted Setup Guides**

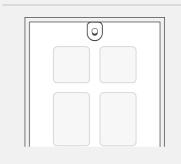
#### Step1

Place the RH1000-UV-7 or RH 1500-UV-7 face down on a scratch-free surface. Install the accessories on the back of the panel with four screws as shown in the picture.



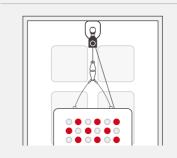
#### Step2

Hang the included custom hook on any standardsized door.



#### Step3

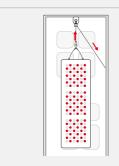
Attach the tripod to the clip attached to the height adjustment pulley. Then connect the snap on the other end directly to the hook.



#### Step4

To raise your RH1000-UV-7 or RH 1500-UV-7 to your desired height pull down on the loose cable while supporting the device with your opposite hand.

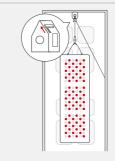
▲ Be sure to adequately support the device while raising and lowering it with the height-adjusting system.



#### Step5

To lower your RH1000-UV-7 or RH 1500-UV-7,push up on the lever on the height-ad- justing pulley while supporting the device with your opposite hand.

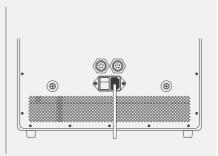
A Be sure to adequately support the device while raising and lowering it with the height-adjusting system.



#### Step6

Plug the power cord into the device and plug the other end into a wall outlet. Next turn on the power switch.

The display will appear "OFF" .



### WARNINGS AND CAUTIONS

#### Warnings

Do not stare directly into the diodes or its reflection in a mirror

because it can cause temporary irritation of the eyes.

Do not let children use the devices unsupervised

This device is an electrical device to avoid electric shock adhere to the following. Do not drop your device in water or liquids because you may get an electric shock.

Do not wash electrical parts with water or liquids.

Do not directly touch the device or touch the plugs or switches with wet hands. Do not apply or touch the device to wet or damp skin

Do not pull, carryor lift the device by its cord. If the cord is damaged do not use the device because you could get an electric shock

Do not use the device if it has been dropped left outside or has encountered water or liquids.

Do not use on or near heated surfaces

Do not operate this device in areas where it could be exposed to

flammable or combustible productsor where vapours may be pres ent. Explosion of fire may occur.

This device is not to be used by sleeping or unconscious persons.

Do not use the device on open wounds as heat may increase circulation and cause bleeding.

Do not use this device in combination with liniments and balms that contain heat-producing ingredients as a skin burn could result.

Use of this device in any way other than described in this manual voids the warranty and could result in serious injury.

### MAINTENANCE CLEANING DISPOSAL GUIDELINES

#### Maintenance

The red light therapy panel does not require maintenance other than routine cleaning.

#### Cleaning

Turn off your device by switching off the power switch to the off position on the back of the device.

Unplug the power adaptor at the power wall outlet.

Clean the surface of device with a slightly damp cloth, making sure the device is dry before using

Avoid the use of any harsh cleaners or bleaches as this may damage your device.

### Warranty Regulations

#### Warranty:

We warrant this device will function and perform within its specification for 3 years from the date of delivery.

#### What does this warranty cover?

This limited warranty covers any defects in material or workmanship under normal use during the warranty period. During the warranty period,our company will repair or replace,at no charge.Products or parts of products those prove defective because of improper material or workmanship under normal use and maintenance.

#### What does this not cover?

The limited warranty does not cover any problem that is caused by damand result in a from negligence improper maintenance or modification, demand by natural causes like liahtnina floods or other natural disasters theft or loss of the product.